

Name: Example Certificate
Course: Emergency first aid at work
Duration: 1 day

Course Content

- Dealing with an emergency	Assessing a casualty, monitoring a casualty, where to get help, electrical incidents
- Unresponsive and breathing adult	
- Seizures	
- Unresponsive and not breathing adult	Unresponsive and not breathing adult, face shields and pocket masks, mouth to nose
- AED*	Chain of survival, use of an AED*
- Choking adult	
- Hygiene techniques	
- Bleeding and wounds	Bleeding heavily from a wound (limb, embedded object in a wound), small blisters and splinters, small bruises and wounds, nosebleed
- Shock	Shock and internal bleeding
- Accident recording and reporting	Health and safety first aid regulations, first aid kits, accident records, RIDDOR and COSHH
- Burns	Burns, electrical burns, chemical burns, chemical burns to the eyes

*Automated External Defibrillator