

LIONS

CAMPUS



*Bridging the Care Gap From
Treatment to Recovery*

LIONS CAMPUS

BRIDGING THE CARE GAP FROM
TREATMENT TO RECOVERY

THE LODGE

THE HUB

THE SCHOOL

Our Approach

Lions Campus offers a bridge between the primary phase and the real world, so young people can continue to practise their coping strategies and positive mindsets in a safe, substance-free environment, without further loss in academic attainment. This improves their long-term wellbeing and reduces their chances of relapse or further complications relating to mental health difficulties or disorders.

We work with young people who have already completed primary treatment by offering extended support so they can continue the positive work in real time.

When young people leave primary care they are often significantly behind on their academic studies, which compounds the likelihood of their relapsing. The Campus offers a safe, sober and nurturing environment to enable young people's transition back into normal life whilst utilising their new skills and re-establishing their academic goals and attainment simultaneously.

Lions Lodge is a 5-storey recovery orientated residence in Marylebone that holds the capacity to house 14 fellows. During the day, we operate the Lions Hub day programme, and we work in tandem with Lionheart school who provide educational consultancy, tutoring and one-on-one schooling.



We combine sober living, recovery coaching and education in one setting to help young people build their recovery capital, realise their potential and utilise their strengths for the benefit of themselves and the community.



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Our Programme

Our 12-week programme has been carefully devised to equip young people with the best chance of sustainable recovery. We follow best practice and the evidence-base for recovery success across addictions, eating disorders and mental health disorders.

The Lions Hub programme follows the core components of the recovery capital model, thereby meaning it revolves around 6 key domains: physical, social, personal, connective, family and educational based activities.

Notable components of the programme include:

- Recovery coaching and mentoring
- 24/7 support
- Educational sessions
- Peer-led workshops
- Sports and exercise
- Life skills
- Mutual aid groups
- Certified skills



Our Team



Anya Aggarwal
Operations and
Programme Manager



Natasha Maben
Residence Manager



Vicky Ware
Counsellor



Jennifer Klein
Recovery Assistant



Eliza Joll
Recovery Assistant



Sophia Wybourne
Personal Trainer



Jill Martin
Occupational Therapist



Alexandra Lennox
Psychotherapist



Kitty Logsdail
Campus Chef



Johnny Graaff
Director



Rupert Syme
Director



Oliver Gilson
Director

GET IN TOUCH



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